

Our Lady Star of the Sea School September Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		3 (½ Day) Peanut Butter and Jelly Uncrustable Scooby Snack Cheese Stick Veggie Dippers 100 %Fruit Juice Choice of milk	4 Burgers/Cheeseburgers Baked Beans Tater Tots Veggie Dippers Fruit Cup Choice of milk	5 Whole Wheat Pizza 100 %Fruit Juice Veggie Dippers Choice of Milk
8 Chicken Nuggets Mac and Cheese Veggie Dippers Fruit Cup Choice of milk	9 Whole Wheat Pasta and Meatballs Italian Bread Broccoli Fruit cup Choice of milk	10 Turkey Sandwich on a Whole Wheat Bun Lettuce, tomato, onion toppings 100 %Fruit Juice Choice of milk	11 Sausage Egg and Cheese Whole Wheat Bun Tater Tots Fruit Cup Choice of Milk	12 Whole Wheat Pizza 100 %Fruit Juice Veggie Dippers Choice of Milk
15 Chicken Sandwich on Whole Wheat Bun Green Beans Fruit Cup Choice of milk	16 Chicken Broccoli Alfredo with Pasta Italian Bread Fruit Cup Choice of milk	17 Taco Bowls (ground beef and beans) Whole Grain Tortilla Chips Corn 100 %Fruit Juice Choice of milk	18 Burgers/Cheeseburgers Baked Beans Tater Tots Veggie Dippers Fruit Cup Choice of milk	19 Whole Wheat Pizza 100 %Fruit Juice Veggie Dippers Choice of Milk
22 Chicken Nuggets Mac and Cheese Veggie Dippers Fruit Cup Choice of milk	23 Whole Wheat Pasta and Meatballs Italian Bread Broccoli Fruit cup Choice of milk	24 Turkey Sandwich on a Whole Wheat Bun Lettuce, tomato, onion toppings 100 %Fruit Juice Choice of milk	25 Sausage Egg and Cheese Whole Wheat Bun Tater Tots Fruit Cup Choice of Milk	26 Whole Wheat Pizza 100 %Fruit Juice Veggie Dippers Choice of Milk
29 Chicken Nuggets Mac and Cheese Veggie Dippers Fruit Cup Choice of milk	30 Chicken Broccoli Alfredo with Pasta Italian Bread Fruit Cup Choice of milk			

**Additional
Offering
each day:**

Peanut Butter and Jelly
Uncrustable
Scooby Snack
Cheese Stick
Veggie Dippers
100 %Fruit Juice
Choice of milk