

## Our Lady Star of the Sea School November Lunch Menu

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p>4 Chicken Sandwich on Whole Wheat Bun Corn chips Veggie Dippers Fruit Cup Choice of milk</p>	<p>5 Taco Bowls (ground beef and beans) Whole Grain Tortilla Chips Corn Fruit Juice Choice of milk</p>	<p>6 Turkey Sandwich on a Whole Wheat Bun Lettuce, tomato, onion toppings Corn chips 100 %Fruit Juice Choice of milk</p>	<p>7 Burgers/Cheeseburgers Tater Tots Veggie Dippers 100% Fruit cup Muffin Choice of milk</p>	<p>8 Whole Wheat Pizza l Side Salad Fruit Juice  Choice of Milk</p>
<p>11 Chicken Sandwich on Whole Wheat Bun Side salad Muffin Fruit Cup Choice of milk</p>	<p>12 Chicken Broccoli Alfredo with pasta Fruit Cup Side Salad Choice of milk</p>	<p>13 Taco Bowls (ground beef and beans) Whole Grain Tortilla Chips Corn Fruit Juice Choice of milk</p>	<p>14 Fish Sandwich on Whole Wheat Bun String beans Fruit Cup Muffin Choice of Milk</p>	<p>15 Whole Wheat Pizza Side Salad Fruit Juice  Choice of Milk</p>
<p>18 Chicken Sandwich on Whole Wheat Bun Side salad Muffin Fruit Cup Choice of milk</p>	<p>19 Whole Wheat Pasta and Meatballs Italian Bread Side salad Juice Choice of milk</p>	<p>20 Turkey Sandwich on a Whole Wheat Bun Lettuce, tomato, onion toppings Corn chips 100 %Fruit Juice Choice of milk</p>	<p>21 Burgers/Cheeseburgers Tater Tots Veggie Dippers Scooby Snack Fruit Cup Choice of milk</p>	<p>22 Whole Wheat Pizza Side Salad Fruit Juice  Choice of Milk</p>
<p>25 Chicken Sandwich on Whole Wheat Bun Side salad Muffin Fruit Cup Choice of milk</p>	<p>26 Turkey Sandwich on a Whole Wheat Bun Lettuce, tomato, onion toppings Chips 100 %Fruit Juice Choice of milk</p>	<p>27 (1/2 day)  Hot Dogs 100 % Fruit Juice Veggie dippers Whole grain bar Choice of Milk</p>	<p>28  Thanksgiving Break</p>	<p>29  Thanksgiving Break</p>