

Our Lady Star of the Sea School October Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>30 Chicken Sandwich on Whole Wheat Bun Corn chips Veggie Dippers Fruit Cup Choice of milk</p>	<p>1 Whole Wheat Pasta and Meatballs Italian Bread Side salad %100 Juice Choice of milk</p>	<p>2 Turkey Sandwich on a Whole Wheat Bun Lettuce, tomato, onion toppings Corn chips 100 %Fruit Juice Choice of milk</p>	<p>3 Burgers/Cheeseburgers Tater Tots Veggie Dippers 100% Fruit cup Muffin Choice of milk</p>	<p>4 Whole Wheat Pizza Bagel Side Salad Fruit Juice Scooby Snack Choice of Milk</p>
<p>7 NO SCHOOL Teacher Inservice Day</p>	<p>8 Chicken Broccoli Alfredo with pasta Fruit Cup Side Salad Choice of milk</p>	<p>9 Taco Bowls (ground beef and beans) Whole Grain Tortilla Chips Corn Fruit Juice Choice of milk</p>	<p>10 Fish Sandwich on Whole Wheat Bun String beans Fruit Cup Muffin Choice of Milk</p>	<p>11 Whole Wheat Pizza Bagel Side Salad Fruit Juice Scooby Snack Choice of Milk</p>
<p>14 Chicken Nuggets Mac and Cheese Veggie Dippers Apple Slices Choice of milk</p>	<p>15 Whole Wheat Pasta and Meatballs Italian Bread Side salad Juice Choice of milk</p>	<p>16 Hispanic Heritage Luncheon</p>	<p>17 Burgers/Cheeseburgers Tater Tots Veggie Dippers Scooby Snack Fruit Cup Choice of milk</p>	<p>18 Whole Wheat Pizza Bagel Side Salad Fruit Juice Scooby Snack Choice of Milk</p>
<p>21 Chicken Sandwich on Whole Wheat Bun Side salad Muffin Fruit Cup Choice of milk</p>	<p>22 Turkey Sandwich on a Whole Wheat Bun Lettuce, tomato, onion toppings 100 %Fruit Juice Choice of milk</p>	<p>23 Taco Bowls (ground beef and beans) Whole Grain Tortilla Chips Corn Applesauce, Milk</p>	<p>24 Fish Sandwich on Whole Wheat Bun Side Salad Fruit Cup Scooby Snack Choice of Milk</p>	<p>25 Whole Wheat Pizza Bagel Side Salad Fruit Juice Muffin Choice of Milk</p>
<p>28 Chicken Nuggets Mac and Cheese Veggie Dippers Apple Slices Choice of milk</p>	<p>29 Whole Wheat Pasta and Meatballs Italian Bread Side salad Juice Choice of milk</p>	<p>30 Chicken Broccoli Alfredo with pasta Fruit Cup Side Salad Choice of milk</p>	<p>31 Burgers/Cheeseburgers Tater Tots Veggie Dippers Scooby snack 100% Fruit Juice Choice of milk</p>	